

My Middle Name

Count: 32 Wall: 2 Level: Easy Intermediate

Choreographer: Willie Brown & Niels Poulsen – September 2016

Music: Trouble by Moonshine Man. Track length: 3:13. Buy on iTunes US, Amazon,



Intro: 32 count intro from main beat (16 secs. into track). Start with weight on L foot

****2 easy Tags: Tag 1 (military Tag): After walls 2 and 6. Tag 2: after wall 4. Tags always happen facing 12:00**

See bottom for detailed description of the tags.

Sequence: Main dance twice, Tag 1, main dance twice, Tag 2, main dance twice, tag 1, main dance twice

Ending: It finishes at 12:00 automatically. Salute with R hand to R side of head on word 'Heay'

Main dance – 32 counts, 2 walls (Comes 8 times)

[1 – 8] Cross, side, R sailor heel ¼ heel, ball L stomp, R scuff, R shuffle fwd

- 1 – 2 Cross R over L (1), step L to L side (2) 12:00
3&4 Cross R behind L (3), turn ¼ R stepping back on L (&), touch R heel fwd (4) 3:00
5&6 Step R slightly backwards (&), stomp L fwd (5), scuff R heel fwd (6) 3:00
7&8 Step fwd on R (7), step L behind R (&), step fwd on R (8) 3:00

[9 – 16] L rock fwd, shuffle ½ L, stomp R diagonally fwd, kick L, L sailor step

- 1 – 2 Rock fwd on L (1), recover back on R (2) 3:00
3&4 Turn ¼ L stepping L to L side (3), step R next to L (&), turn ¼ L stepping fwd on L (4) 9:00
5 – 6 Stomp R fwd to R diagonal (5), kick L fwd to L diagonal (6) 9:00
7&8 Cross L behind R (7), step R to R side (&), step L to L side (8) 9:00

[17–24] Cross side, R sailor step, cross side, L sailor ¼ L

- 1 – 2 Cross R over L (1), step L to L side (2) 9:00
3&4 Cross R behind L (3), step L to L side (&), step R to R side (4) 9:00
5 – 6 Cross L over R (5), step R to R side (6) 9:00
7&8 Cross L behind R (7), turn ¼ L stepping R next to L (&), step fwd on L (8) 6:00

[25–32] R rock step fwd, jump back R L, double clap, R kick & heel & touch & heel, step together

- 1 – 2 Rock fwd on R (1), recover back on L (2) 6:00
&3&4 Jump back on R (&), step L a tiny step to L side (3), clap hands (&), clap hands (4) 6:00
5&6& Kick R fwd (5), step back on R (&), touch L heel fwd (6), step L next to R (&) 6:00
7&8& Touch R next to L (7), step down on R (&), touch L heel fwd (8), step L next to R (&) 6:00

Tag 1 ('Military Tag') – 48 counts, 1 wall (comes twice, always starts facing 12:00)

T[1 – 8] Step ½ turn L, R triple step on the spot, step ¼ R, L triple step on the spot

- 1 – 2 Step fwd on R (1), turn ½ L onto L (2) 6:00
3&4 Step R next to L (3), change weight to L (&), change weight to R (4) – Stomp for attitude... 6:00
5 – 6 Step fwd on L (5), turn ¼ R onto R (6) 9:00
7&8 Step L next to R (7), change weight to R (&), change weight to L (8) – Stomp for attitude... 9:00

T[9 – 16] R rock step fwd, R shuffle back, L back rock, L shuffle fwd

- 1 – 2 Rock R fwd (1), recover back on L (2) 9:00
3&4 Step back on R (3), step L next to R (&), step back on R (4) 9:00
5 – 6 Rock back on L (5), recover fwd on R (6) 9:00
7&8 Step fwd on L (7), step R next to L (&), step fwd on L (8) 9:00

T[17–32] Counts 17 – 32 are the same steps as counts 1 – 16 . You're will then be facing 6:00

T[33–40] Step ½ L X 2, R mambo step fwd, L coaster step

- 1 – 4 Step fwd on R (1), turn ½ L onto L (2), step fwd on R (3), turn ½ L onto L (4) 6:00
5&6 Rock fwd on R (5), recover back on L (&), step back on R (6) 6:00
7&8 Step back on L (7), step R next to L (&), step fwd on L (8) 6:00

T[41–48] ½ L marching on the spot, R side rock, recover L with R flick

- 1&2& Step R next to L (1), step L next to R (&), turn 1/8 L stepping R next to L (2), step L next to R (&) 4:30
3&4& Step R next to L (3), step L next to R (&), turn 1/8 L stepping R next to L (4), step L next to R (&) 3:00
5&6& Step R next to L (5), step L next to R (&), turn 1/8 L stepping R next to L (6), step L next to R (&) 1:30
7 – 8 Turn 1/8 L rocking R to R side (7), recover onto L flicking R out to R side (8) 12:00

Tag 2 – 4 counts, 1 wall (comes once, after your 4th repetition of the main dance, facing 12:00)

- 1 – 4 Rock R diagonally L (1), recover on L (2), rock back on R (3), recover on L (4)... (= rocking chair) 10:30

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