

Shut Up & Dance EZ

Count: 16 **Wall:** 4 **Level:** Absolute Beginner

Choreographer: Lynn Card, June 2015

Music: "Shut Up and Dance" by Walk the Moon

(No Tags, No Restarts , Great For Floor Splits)

Start on first vocal

WALK FORWARD R, L, R, KICK L

1,2,3,4 Walk R forward, Walk L forward, Walk R forward, Kick L forward

WALK BACK L, R, L, R, TOUCH R

5,6,7,8 Walk L back, Walk R back, Walk L back, Touch R next to L

STEP RIGHT SIDE, TOUCH L, STEP LEFT SIDE, TOUCH R

1,2,3,4 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L

OUT OUT, CLAP, TWIST, TWIST with 1/4 TURN

Step R out to right side, Step L out to left side, (shoulder width apart), Clap, Twist
&5,6,7,8 heels to the left, Twist heels to the right and make a ¼ turn to the left ending with
weight on L

(now facing new wall 9 o'clock)

Contact - Lynncard28@gmail.com - YouTube: [lynncard28](https://www.youtube.com/user/lynncard28)